

Sayers Croft

Monday 6th July -

Wednesday 8th July



Monday 6th July – Wednesday 8th July

- Leaving at 9am prompt – Monday 6th
- Return to school by 3.30pm on Wednesday 8th
- Mrs Tracey, Mr Clarridge, Miss Olivia and Mr Soutter
- Hallfield children to join on coach
- Travel Sickness



Programme of Activities

	Monday	Tuesday		Wednesday
9:30am	Arrive 10:30 am Make Beds Fire Drill Settle In Lunch	High Ropes	Climbing	Maze and Blindfold Trail (W)
11am		Climbing	High Ropes	Natural Art
1:30pm	Orienteering 1 and 2 (W)	Raft Building	Ballista Building	Picnic Lunch Depart 1:30 pm
3:00pm	Streamwalk	Ballista Building	Raft Building	Activities marked with a 'W' require a worksheet downloadable from our booking resources page. Access this area with the password 'oak'
Evening	Eveningwalk - Scavenger Hunt	Sport on field and Tuckshop		

Please ensure all your leaders have read the relevant safety guidance documents and printed off the necessary worksheets from our website.



Sample Menus

Monday

Lunch

- Oven baked jacket potato with choice of:
 - Beef & kidney bean chilli
 - Grated cheddar cheese
 - Tuna & sweetcorn
- Baked beans in tomato sauce
 - Self-service salad bar
 - Fruit yogurt
 - Fresh fruit

Dinner

- Chicken casserole
- Halal chicken casserole
- Vegetable & chickpea curry
 - Rice
- Green beans & carrots
- Apple Crumble & Custard
 - Fresh fruit

Tuesday

Breakfast

- Buttermilk pancake (maple syrup)
 - Streaky bacon
 - Vegan quorn sausage
 - Boiled egg
 - White or brown toast
 - Cereal
- Jam, marmalade, butter, flora, juices

Lunch

- Ham & cheese quiche
- Roasted vegetable quiche
 - New potatoes
 - Warm bread roll
- Self service salad bar
 - Yogurt
 - Fresh fruit

Dinner

- Beef meatballs in tomato & basil sauce
- Halal meat loaf in tomato & basil sauce
 - Leek & potato pie
 - Spaghetti pasta
 - Garlic bread
- Tomato, lettuce & cucumber
- Chocolate roly poly with chocolate sauce
 - Fresh fruit

Wednesday

Breakfast

- Scrambled eggs
 - Hash brown
- Breakfast tomatoes
 - Mushrooms
 - Baked beans
- White or brown toast
- Jam, marmalade, butter, flora, juices
 - Cereal

Lunch

- Cheese & tomato pizza
 - Potato wedges
 - Corn on the cob
- Self service salad bar
 - Fruit yogurt
 - Fresh fruit

Dinner

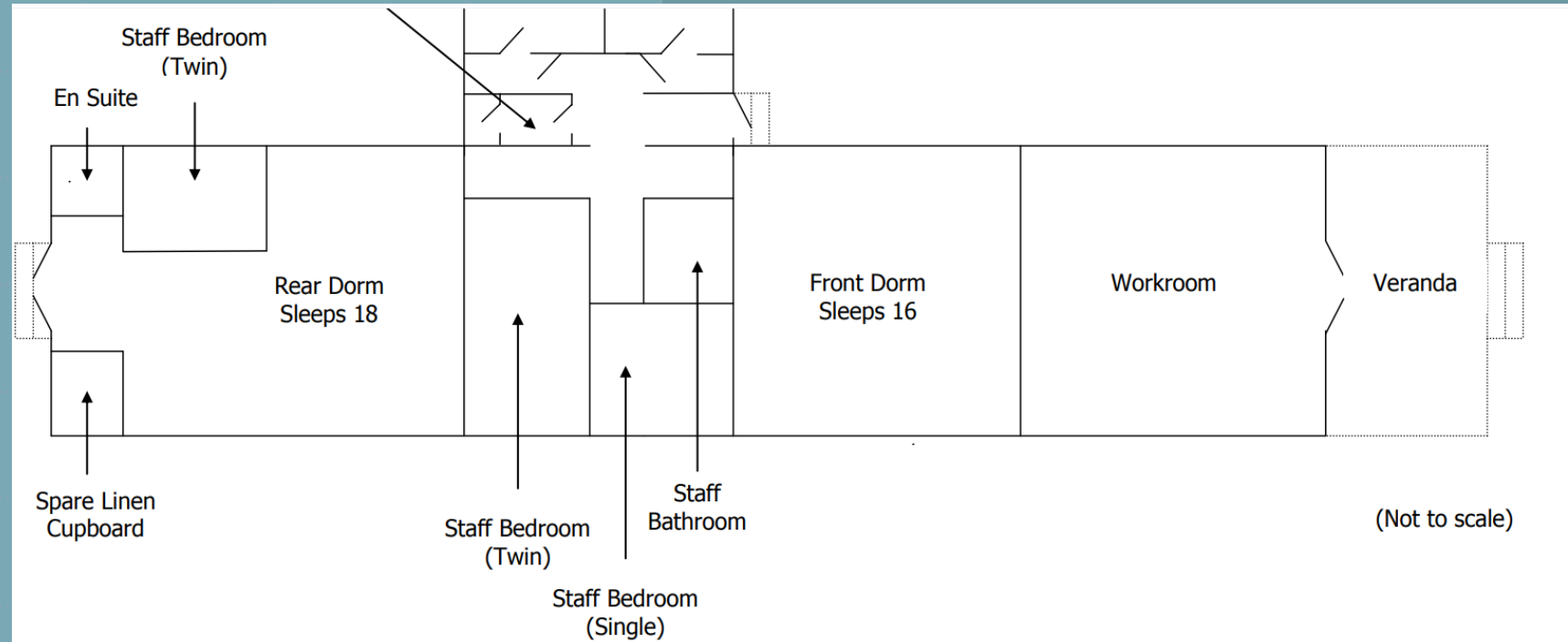
- BBQ chicken breast
- Halal BBQ chicken breast
 - Ratatouille
- Rice with peas & sweetcorn
- Steamed syrup sponge pudding with cream
 - Fresh fruit





Dorm Room Layouts

- Boys and girls separate
- Bunk beds will be assigned







What to Pack

- No mobile phones or tablets
- Pocket money - £5 - to be spent in the Tuck Shop
- Do not bring any sweets or other food



Young Persons Kit List

Sayers Croft will supply you with bedding, safety and educational equipment for your specific activities. Below is a general list of the kind of stuff you will need to think about bringing. Make sure you have your name on all things that belong to you and you can carry your bag as you will need to carry it to your chalet:

- Lots of old clothes - you will definitely end up getting a bit mucky so don't bring anything too precious.
- Wash kit - including a towel, soap, toothbrush and toothpaste and brush/comb
- At least two pairs of old trainers / boots (plus an additional pair if you are raft building)
- Wellies (but don't buy them especially as we can lend you some if you need them)
- Waterproofs (we can lend you these if needed) - and just because it's summer doesn't mean it won't rain!
- Personal medication (including sunscreen if required)
- Indoor footwear
- Night clothes
- Hat (appropriate for the weather) and gloves
- Teddy bear / soft toy

The following things are extra stuff that you might need to consider bringing depending on what activities are included in your programme and the time of year you are visiting.

- | | |
|--------------------------------|------------------------------------|
| Swimming costume (summer only) | Camera |
| Torch | Drinks Bottle |
| Disco Clothes | Reading book |
| Pocket money | Hair bands (if you have long hair) |
| Small rucksack | |

You will be wearing a helmet for lots of the activities, please make sure your hair will easily fit underneath.

Behaviour Expectations

ESSENDINE CLASS TRACKER															
CLASS	WEEK BEGINNING														
NAME	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	WARNING	REFLECTION TABLE	FLOOR MANAGER	WARNING	REFLECTION TABLE	FLOOR MANAGER	WARNING	REFLECTION TABLE	FLOOR MANAGER	WARNING	REFLECTION TABLE	FLOOR MANAGER	WARNING	REFLECTION TABLE	FLOOR MANAGER



Code of Conduct

- I will send a text via the school each day with an update
- If urgent, please contact the school who will contact us



Code of Conduct

It is our experience that visitors usually behave responsibly. All visiting groups are expected to adhere to this code throughout their stay, both on and off site. Failure to comply may result in individuals or groups being charged for damages or, in extreme case, sent home.

Visitors should:

- Have respect for others and behave courteously and considerately at all times
- Cause no disturbance or annoyance to other visitors, Centre staff or local residents
- Make no noise outside of the dormitory blocks after 10.30 p.m. (or earlier around blocks with young children)
- Bring no dangerous implements, drugs or electrical appliances such as toasters and irons, on site
- Respect the organisation of the dining hall and endeavour to arrive at their allocated time for meals and Centre shop
- Not go off site without permission from their group leader or into any out of bounds area
- Not smoke (except in the one designated area if this has been specifically requested by the visiting group leader).
- Not consume alcohol
- Respect all safety rules given by Centre staff
- Not to use aerosols in accommodation blocks, or set off a fire alarm, except in a genuine emergency
- Have respect for the environment by not damaging or disturbing the wildlife on site or dropping litter.
- Support our sustainability programme by actively recycling and composting waste, closing doors and windows to retain heat and turning off lights in unoccupied rooms.

Final Balance Due

- Payable by School Comms - Please check to see final balance.
- Speak to the office if unsure how to pay
- Final payment due - End of June



